

MARK'S GEAR LIST

BASE LAYERS

- Five (5) pairs of trekking socks (Swiftwick, Smartwool, and Darn Tough)
- Five (5) pairs of Merino wool boxer briefs (Apex and Ridge)
- Three (3) Merino wool t-shirts (WoolX) I wish I'd brought two more.
- One (1) pair of 260-count heavy Merino wool long underwear bottoms (MeriWool) Only needed these one day.
- One (1) pairs of 150-count mid-weight Merino wool long underwear bottoms (Smartwool)
- Two (2) 150-count Merino wool long underwear shirts (Icebreaker)
- One (1) 260-count Merino wool long underwear shirt (Icebreaker)

MID-LAYERS

- One (1) 250-count Merino wool long-sleeve mid-zip shirt (Sherpa Adventure Gear)
- One (1) long-sleeve, full zip, fleece jacket (Sherpa Adventure Gear)

OUTER LAYERS

- Three (3) pairs of convertible hiking pants (REI, Columbia)
- One (1) pair fleece-lined, wind-resistant hiking pants (Nonwe)
- One (1) 800-count hooded, down jacket (Montbell)

OTHER PERSONAL STUFF

- One (1) pair of convertible gloves (Outdoor Research Meteor Mitts). Most of the time, I used them without the outer shell.
- Two (2) beanies
- Polarized sunglasses, with a cheaper back-up pair
- 0-20° sleeping bag
- 35-liter backpack (Gregory Stout) with 3-L Camelbak Hydration unit
- Asolo TPS 520 GV hiking boots
- One (1) Hobnail Trekking cap
- One (1) headlamp
- GoPro Hero 5 camera, backpack strap clamp, camera case, 5 GoPro batteries
- Zhiyun Smooth Q Camera Gimbal
- iPad with keyboard case
- ZeroLemon 26800 mAh SolarJuice power bank
- One (1) Nalgene bottle
- One (1) Camp towel
- One (1) Dry sack for backpack storage
- Two (2) pairs of compression socks for flight
- Luggage locks
- Black Diamond Trail Pro Shock trekking poles
- Ear plugs
- Balaclava
- Pillow case